

JLU

NEUE WEGE. SEIT 1607.

JUSTUS-LIEBIG-
 UNIVERSITÄT
GIESSEN

ahs
giesSEN 
ALLGEMEINER HOCHSCHULSPORT
JUSTUS-LIEBIG-UNIVERSITÄT



ACADEMIC SPORTS SERVICE (AHS)

COMING TOGETHER, ACTIVE TOGETHER

Academic Sports Service (ahs) of Justus Liebig University (JLU) offer various sports classes, exercise breaks during lectures, health promotion events, cooking workshops and sports competitions throughout the year for both students and employees of JLU.

Four programmes a year - over 250 classes per week in more than 80 types of sport. A team of 160 qualified instructors guarantee a comprehensive programme covering a huge variety of sports to meet your needs and interests.

Our goal is to provide sport and health classes that are fun and challenging at the same time. There is something for everyone and you can get involved whatever your ability and experience. Be smart and start today!

For more information please visit our homepage: www.uni-giessen.de/ahs

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