



**UNIVERSITY  
OF LODZ**  
Poland





University of Lodz

4

Study with us!

20

Useful info

34

University Campus

50

Come to Łódź and have fun

56

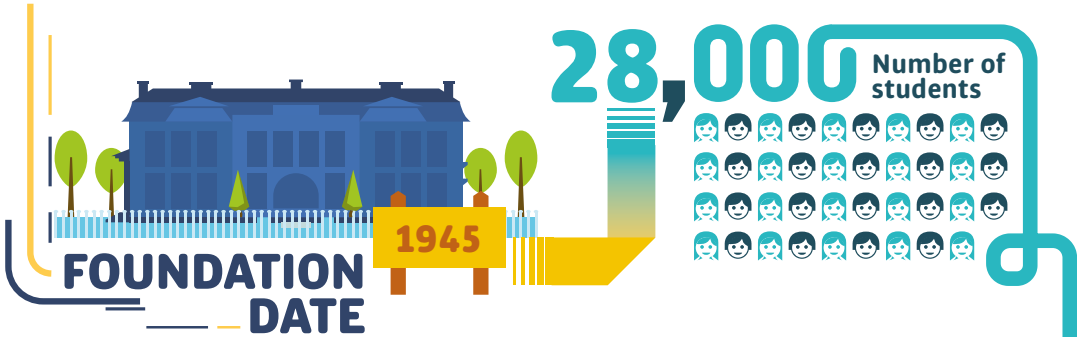
Poland

62

Did you know that...

70

# Facts and figures



**2700**

**NUMBER OF INTERNATIONAL STUDENTS PER YEAR**

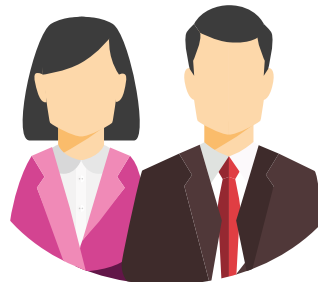


**Number of international academic agreements**

**260**



**NUMBER OF Erasmus+ agreements**



**ACADEMIC**

**STAFF 2192**



# Basic info



Country name (English): Poland

City name (English): Lodz

Country name (Polish): Polska

City name (Polish): Łódź

Name of institution (English): University of Lodz

Name of institution (Polish): Uniwersytet Łódzki

Erasmus Institutional Code: PL LODZ01

Website (Polish): uni.lodz.pl

(English): iso.uni.lodz.pl

## E-mail address

International Relations Office: [bwz@uni.lodz.pl](mailto:bwz@uni.lodz.pl) - for partner institutions

International Students Office: [iso@uni.lodz.pl](mailto:iso@uni.lodz.pl) - for international students

## Contact details

### Admission

Ground Floor, room no. 1

3 Uniwersytecka Street

90-137 Łódź

**Tel:** +48 42 635 4237

**Fax:** +48 42 635 4789

### Exchange students

Ground floor, room no. 7

3 Uniwersytecka Street

90-137 Łódź

**Tel:** +48 42 635 47 90

**Fax:** +48 42 635 47 89

### Semester period

1 October – mid February (Winter)

late February – 30 June (Summer)

### Erasmus application deadline

30 June (for Winter Semester or whole year)

15 December (for Summer Semester)



# Introduction

## United in Diversity!

The University of Lodz is a responsible higher education institution, focusing its actions on intercultural and social integration.

There are **95 nationalities** currently found at the University of Lodz. Our University builds academic community around the values of respect for cultural, religious and community identities as well as social sensitivity. UL strives to educate active global citizens

who think critically, understand the complexity and the diversity of perspectives which underline most global problems.

The University of Lodz was established in **1945** and has long been one of the biggest and most popular universities in Poland. The **12 faculties**, and a branch unit of the University provide programmes in **100 fields of study** and **160 specializations**. In addition, the University offers several doctoral programmes, more than 50 postgraduate study programmes (including an MBA programme, and those financed by the ESF), as well as studies in English, French, German and Spanish. More than **28 000 students** attend the University of Lodz. This figure includes students of all levels: those of first- and second level degree programmes, as well as postgraduate, and PhD students.

Each year there are over **2700 international students** studying full time or within exchange programmes at the University of Lodz! We hear a lot of languages in the halls of the University. Thus, a diverse multicultural and multigenerational community is built, drawing on the best traditions of the city of Lodz. International students often take part in different activities that originated at the University of Lodz within its **“University Diversity”** project. The main goal is to promote equality and intercultural dialogue, and to build strong and lasting relations based on diversity. Join Us at the UL! Unite and excel!

The interest in studying at the University of Lodz is determined not only by high quality of instruction, but also by modern programmes of study adapted to the changing demands of the labour market. The University treats international cooperation as a way to foster its development and continue the city’s tradition. Our institution regularly hosts guest speakers, renowned politicians, businessmen and cultural representatives from Poland and abroad.

## International cooperation

---

International relations of the University are visible in various areas. Currently, within direct cooperation agreements, the school cooperates with about **260 partner institutions** from all over the world. The mobility of students is high priority for the University of Lodz, both within university mobility programme (including countries outside the European Union) and within the Erasmus+ Programme. Within the Erasmus+ Programme, the University has so far signed **1000 agreements** with almost

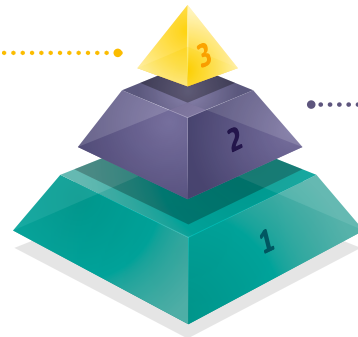


**450 partner institutions.** These institutions give our students, whether local or foreign, the possibility of spending a semester, or a year, abroad. In return, we welcome many guests from abroad spending a period of their studies in Łódź. The University of Lodz also takes part in other exchange and research programmes, such as Campus Europae, Scholarship and Training Fund (EEA and Norway Grants), Compostela Group of Universities, Erasmus Mundus, CEEPUS, Mizuta Scholarship.

UL actively participates in various international projects that are aimed at improving the quality and increasing the attractiveness of its educational offer. There are more than 30 international educational projects carried out mostly within the framework of the various actions of Erasmus+ programme (such as: Strategic Partnerships, Erasmus Mundus Joint Master Degrees, Jean Monnet, Knowledge Alliance).

## Polish UNIVERSITY STUDIES

— are divided into —



**Doctoral degree**

PhD (**4 years**)

**Master's degree**

graduate (**2 years**)

**Bachelor's degree**

undergraduate (**3 years**)





# ECTS credits

**ECTS = European Credit Transfer and Accumulation System.** ECTS helps in recognition of a student's studies between different institutions and national education systems. In Poland, one academic year corresponds to **60 ECTS credits**.





# Faculties

---

- Faculty of **Biology and Environmental Protection**
- Faculty of **Economics and Sociology**
- Faculty of **Philology**
- Faculty of **Philosophy and History**
- Faculty of **Physics and Applied Informatics**
- Faculty of **Chemistry**
- Faculty of **Mathematics and Computer Science**
- Faculty of **Geographical Sciences**
- Faculty of **International and Political Studies**
- Faculty of **Educational Sciences**
- Faculty of **Law And Administration**
- Faculty of **Management**
- Branch in **Tomaszow Mazowiecki**

# Study offer in Polish

## A

- Accounting
- Accounting and Finance Management
- Administration
- Archaeology
- Asian Studies

## B

- Banking and Digital Finance
- Biology
- Biomonitoring and Ecological Biotechnology
- Biotechnology
- Business Analysis
- Business Linguistics

## C

- Chemical Analysis
- Chemistry
- City Management
- Computer Science
- Cosmetics and Pharmaceutical Chemistry with elements of Business Management
- Creative Writing
- Cultural Ethnology and Anthropology
- Cultural Studies

## D

- Data Analysis
- Dissemination and Teaching of Physics

## E

- EcoCity

- Econometrics and Data Analysis
- Economic Logistics
- Economical Informatics
- Economics
- Environmental Protection
- Employment Law – HR and Payroll

## F

- Finance and Accounting
- Finance and International Business
- Finance and Investment
- Financial Markets: Investment Consulting
- Foreign Philology (English, German, Spanish, Classical, Polish, Romance, Italian, Russian, and Slavic Studies)
- Forensic Biology
- Forestry

## G

- Genetics
- Geography
- Geoinformation
- Geomonitoring
- German Studies

## H

- History of Art
- History
- Human Resource Management
- Health and Medical Law

## I

- Information in Digital Environment
- International Cultural Studies
- International Journalism



- International Relations

**J**

- Journalism and Social Communication

**L**

- Law
- Library and Information Science
- Logopedics with Audiology

**M**

- Management
- Marketing
- Mathematics
- Microbiology
- Military Studies

**N**

- New Media and Digital Culture
- National Security

**O**

- Occidental (Western Civilization) Studies

**P**

- Pedagogy
- Personal Data Protection Law
- Philosophy
- Physics
- Polish-German Studies
- Political Science
- Public Management
- Public Procurement Law
- Psychology

**R**

- Real Estate Investments

**S**

- Social Policy
- Social Work
- Sociology
- Spatial Economics
- Spatial Planning and Organizing

**T**

- Tax Law and Accounting
- Teaching of Chemistry
- Theater Production and Organization of Art Events
- Tourism and Recreation
  
- Inter-Departmental Studies in Mathematics and Natural Sciences
- Individual Inter-Departmental Studies in Humanities and Social Science



# Study offer in English

## and other foreign languages

---

### FACULTY OF BIOLOGY AND ENVIRONMENTAL PROTECTION

- **Environmental Protection**  
Master's Degree specialization: Ecohydrology

### FACULTY OF ECONOMICS AND SOCIOLOGY

- **Economics**  
Bachelor's Degree specialization: Economics in English
- **Economics**  
Master's Degree

### FACULTY OF INTERNATIONAL AND POLITICAL STUDIES

- **International and Political Studies, Bachelor's Degree specializations:**
  - American Studies
  - Asian Studies
  - Intercultural Communication
  - Politics and Policy in Europe
  - Security Studies
- **International Marketing, Bachelor's Degree**
- **International and Political Studies, Master's Degree specializations:**
  - Conflict Management and Negotiations
  - Governments and Governance
  - International Marketing

- **Erasmus Mundus MA in Women's and Gender Studies (GEMMA)**
- **Formation Franco-Polonaise de Gestion (MBA)**  
Postgraduate studies (taught in French)

## FACULTY OF LAW AND ADMINISTRATION

- **School of American Law**  
Postgraduate studies
- **School of French Law**  
Postgraduate studies; French university-level diploma and Master's Degree (taught in French)
- **School of German Law**  
Postgraduate studies (taught in German)

## FACULTY OF MANAGEMENT

- **Business Management**  
Bachelor's and Master's Degree
- **Management and Finance**  
Bachelor's Degree
- **The MBA Programme at the Polish-American Center**  
Postgraduate studies (partly in Polish)

## FACULTY OF MATHEMATICS AND COMPUTER SCIENCE

- **Computer Science**  
Bachelor's and Master's Degree specialization: Computer Science in English
- **Mathematics, Bachelor's Degree specialization:**  
Financial Mathematics

## FACULTY OF PHILOLOGY

- **English Studies**  
Bachelor's\* and Master's Degree

- **German, Spanish, Classical, Polish, Romance, Italian, Russian, and Slavic Studies**  
Bachelor's\* and Master's Degree

\* to start these BA programs, you need B2 level of Polish

---



# STUDY OFFER



## IRO

**The International Relations Office (IRO)** coordinates the cooperation with international partners of the University of Lodz. The office is also responsible for managing all international contacts and agreements, which also includes initiating all sorts of exchange programmes, Summer Schools, and other educational undertakings.



### International Relations Office

3 Uniwersytecka Street  
90-137 Łódź  
Poland

**E-mail:** [bwz@uni.lodz.pl](mailto:bwz@uni.lodz.pl)  
[www.iso.uni.lodz.pl](http://www.iso.uni.lodz.pl)

## ISO

**International Students Office (ISO)** is a part of IRO and it is a section of particular interest to foreign students: full-time, Erasmus+, and other exchange students. The general assumption is that the ISO provides an incoming student with assistance with everything related to taking up studies at the university. The ISO staff gives all the necessary information as well as helps to sort out certain study-related problems if they occur.



### International Students Office

3 Uniwersytecka Street  
90-137 Łódź  
Poland

**E-mail:** [iso@uni.lodz.pl](mailto:iso@uni.lodz.pl)  
[www.iso.uni.lodz.pl](http://www.iso.uni.lodz.pl)

## Office of Career Services

**Office of Career Services** is to help students and alumni of the University of Lodz in navigating the job market by supporting the search of internships and jobs and facilitating contact between students and employers. They organize University Job Fairs, trainings, workshops, appointments with employers, provide you with agreements of non-compulsory internships and career counseling (individuals and groups).



### Office of Career Services

**E-mail:** [biurokarier@uni.lodz.pl](mailto:biurokarier@uni.lodz.pl)  
[www.biurokarier.uni.lodz.pl](http://www.biurokarier.uni.lodz.pl)

### Contact person for students:

Katarzyna Skonieczna  
**Email:** [katarzyna.skonieczna@uni.lodz.pl](mailto:katarzyna.skonieczna@uni.lodz.pl)  
**Tel:** +48 42 665 53 39



SCHOOL *of* POLISH  
— *for* —  
FOREIGNERS

*the oldest*  
*one*  
— *in* —  
*Poland*

## School of Polish for Foreigners

The University of Lodz takes pride in the School of Polish for Foreigners in Poland which is the oldest centre of its kind in Poland. It has been in operation since 1952.

The main activities involve educating foreigners in the fields of the language, history and culture of Poland, training the future teachers of Polish as a Foreign Language, etc. The school runs courses which prepare foreign students for their studies in Poland. It offers basic courses of Polish, as well as thematic Polish language courses in history, geography, biology, chemistry, physics, mathematics, and philosophy, with a view to giving prospective students the knowledge needed in Polish institutions of higher education.



### School of Polish for Foreigners

21/23 Matejki Street

90-237 Łódź

Tel: +48 42 635 47 00

Fax: +48 42 678 47 06

E-mail: [sjpd@uni.lodz.pl](mailto:sjpd@uni.lodz.pl)

[www.sjpd.uni.lodz.pl](http://www.sjpd.uni.lodz.pl)



**STUDY  
WITH US!**



**UNIVERSITY  
OF LODZ**  
Poland





FREE  
YOUR  
MIND!



WOLFHILJUMYSL



WOLFHILJUMYSL



WOLFHILJUMYSL

UNIVERSITET  
LJUBLJANA

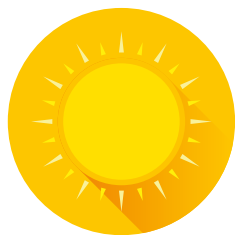


## The winter semester

The semester starts in the first week of October and lasts till mid February, with a two-week break for Christmas holidays and a one-week vacation period in February. The winter semester examination session usually takes place at the end of January and at the beginning of February.







## The summer semester

The semester starts in February and lasts till the end of September (however, classes last till mid June), with a one-week break for Easter vacations in March/April and summer holidays from the beginning of July to the 30th September. A period for examinations is reserved in June, and for make-up exams – in September.

# Admission

## Erasmus+ Exchange Programme - for Erasmus+ student

If you are an Erasmus+ Exchange Student (Erasmus+ Programme within European Union) and you have been nominated by your University to come to Lodz, please visit [HTTP://ISO.UNI.LODZ.PL/ERASMUS/BEFORE-ARRIVAL](http://iso.uni.lodz.pl/erasmus/before-arrival) where you will find all the necessary information about the on-line registration procedure. Each year the deadlines for completing the registration are: **21 June for winter** semester and whole academic year, and **15 December for summer** semester. After successful application, you will receive an official Letter of Acceptance and we will book your accommodation in the dormitory (if needed; please remember the number of places in dormitory is limited).

Once you arrive in Łódź, you may come straight to the UL dormitory as the receptionist has a list of incoming students. The reception desks at the dormitories are open 24 hours a day from Monday to Sunday. On the following (working) day you should **report to the International Relations Office** with your passport or ID and a health insurance valid for the whole period of studies in Łódź. You will get information how to get your student ID card (called *legitymacja*). If you come to the IRO as soon as possible, you can have your student ID card issued in as fast as two weeks. Student ID cards can be collected only from the Dean's Office of the appropriate Faculty of the University of Lodz.

Each semester is preceded by a free of charge, two-week Intensive Polish Language Course (more information: [page 31](#)). It is advised that students take part in this course so that they can get acquainted with Łódź and the University. Also, ISO will organize an informational meeting during which you will get the most essential information about your stay in Łódź.

Join us! You will be among exchange students from many countries. Each year there are about 850 of them at the University of Lodz.

## Erasmus+ (Partner countries)

We are glad to inform you that the University of Lodz participates in the Erasmus+ Programme that has been extended to Partner institutions, also outside the European Union.

We invite Universities from all over the world to cooperate in the field of students exchange! Contact us at: [ISO@UNI.LODZ.PL](mailto:ISO@UNI.LODZ.PL)

## Bilateral exchange programme

### Mobility Direct

If you are a student of a partner institution of the University of Lodz anywhere in the world, it is possible that you come to study at our university for one semester or one academic year (tuition fee free) as an exchange student. You will attend courses with other international students from all over the world, take part in events that will widen your knowledge about Poland and its culture, make new friends and get high quality education. Each academic year we host about 500 international students within this program, mostly from Kazakhstan, Georgia, China, Ukraine, Russia, Azerbaijan, Belarus and others. For more information about bilateral exchange program, please contact: [iso@uni.lodz.pl](mailto:iso@uni.lodz.pl) or visit [WWW.ISO.UNI.LODZ.PL](http://WWW.ISO.UNI.LODZ.PL)

## Free Mover

### - individual student mobility

International students from non-partner universities get the opportunity to study for one or two semesters at the University of Lodz as so-called Free Movers. Free Movers are students that join mobility programme entirely on their own initiative, on a tuition fee basis. They are mostly visiting students from universities without bilateral exchange agreements with the University of Lodz. Free Movers may choose from the lectures of undergraduate courses of studies offered by all the Faculties, but they will be enrolled at the Faculty which matches most of their choices. For more information, please contact [iso@uni.lodz.pl](mailto:iso@uni.lodz.pl) or visit [WWW.ISO.UNI.LODZ.PL](http://WWW.ISO.UNI.LODZ.PL)



## A degree-seeking student

All candidates willing to study at the University of Lodz should first study our website at [WWW.ISO.UNI.LODZ.PL/STUDY-IN-ENGLISH](http://WWW.ISO.UNI.LODZ.PL/STUDY-IN-ENGLISH) for necessary information. If there are additional questions, please contact the International Students Office at [ADMISSION@UNI.LODZ.PL](mailto:ADMISSION@UNI.LODZ.PL) or **(+48) 42 635 42 37**, where more information will be provided.



There are **three** schemes of applying for studies

1

### For those who can study on the same terms as Polish citizens

Citizens of the EU/EFTA countries and members of their families, if residing in Poland; holders of a valid Polish Card (Karta Polaka) or Polish origins; foreigners who have been granted a permission to reside in Poland; holders of the C1 certificate in Polish language issued by the State Commission for the Certification of Proficiency in Polish as a Foreign Language.

Candidates who have a document that allows them to study as Polish citizens register in the online recruitment system called IRK [WWW.REKRUTACJA.UNI.LODZ.PL](http://WWW.REKRUTACJA.UNI.LODZ.PL) and follow the instructions there. The scheme also applies to certain other cases by law.

2

### For those who were granted scholarships

– the applicants are accepted on the basis of the referral attached to scholarship

Foreigners can be exempted from tuition fee payment or granted a scholarship awarded by the Government of the Republic of Poland on the basis of the decision of the director of the Polish National Agency for Academic Exchange (NAWA).

# 3

## For other applicants who want to study in Polish or foreign languages

– a tuition fee basis



## Enrollment in short

First, the applicant is required to complete a set of documents and submit them to the Admission IRK online platform (these may be copies/scans of the documents, since the student needs to bring the original documents with him/her after being admitted to the university). Before the documents are sent to the Faculty, the candidate is asked to pay the administrative fee of EUR 20.

Visit the online admission system: [www.admission.uni.lodz.pl](http://www.admission.uni.lodz.pl)

### Required documents

- an application form
- original school certificates and diplomas with transcript of records
- health insurance policy
- 2 passport photographs
- an English (or other) language certificate
- administrative and tuition fee

READ MORE AT: [HTTP://ISO.UNI.LODZ.PL/STUDY-IN-ENGLISH/ADMISSION-PROCEDURE](http://iso.uni.lodz.pl/study-in-english/admission-procedure)

Then, if the applicant's documents are initially accepted by the Faculty Coordinator, ISO explains the applicant the procedure and, upon a specified payment, sends him/her a Confirmation Letter. The candidate is accepted conditionally, because, to be officially accepted, he/she needs to provide all of the required original documents on his/her arrival. The Confirmation Letter is needed to get a student visa.



In order to get the visa, the applicant needs to contact the Polish Embassy or Consulate in his/her home country.

An applicant must have his/her school certificate or diploma with the transcript of records legalized at the Polish Embassy or stamped with an Apostille in the country of their origin. Candidate is asked to get an Eligibility statement saying that their certificate/diploma gives the right to study at the university level or continue education on Master's level in the country they were issued stamped by the Higher Education Authorities or legalized by the Polish Embassy. Based on international agreements on mutual recognition of educational credentials documents from some countries do not need such statement.

Upon arriving in Poland, a student is required to present all the original documents listed above plus some other documents, including health insurance, etc. (listed on our website). Students wishing to obtain a room in the university dormitory need to fill out the accommodation request which is available on the International Students Office's website: [HTTP://ISO.UNI.LODZ.PL/STUDY-IN-ENGLISH/REQUIRED-DOCUMENTS](http://iso.uni.lodz.pl/study-in-english/required-documents) (a place in a double room in the university dormitory costs between 280-440 PLN a month).

The tuition fee for studies is from 2000 to 3000 Euro a year, increased by a non-refundable administrative fee of EUR 120. It is also reduced for citizens of selected countries. Check out if you are from a country eligible for 50% discount this year (contact us at [admission@uni.lodz.pl](mailto:admission@uni.lodz.pl)).

# Scholarships

---

International students who wish to study in Poland and want to avoid costs of education can apply for various state scholarships (funded by governmental institutions; not to be confused with the notion of UL student benefits). Such scholarships either exempt them from paying a tuition fee, or serve as a financial support in covering their living expenses in Łódź.

Foreigners wishing to apply for a scholarship awarded by the Government of the Republic of Poland (NAWA) should contact the Polish Embassy or the Polish Consulate at their permanent place of residence to receive further information concerning the scholarship or contact the National Agency for Academic Exchange directly. Students who are holders



of the Polish Government Scholarship may receive the following benefits in the course of their education in the Republic of Poland on a one-time basis:

- relocation allowance during the first year of studies,
- hardship allowance,
- allowance for diploma thesis preparation.

### THE NATIONAL AGENCY FOR ACADEMIC EXCHANGE



40 Polna Street  
00-635 Warsaw  
Poland

**Tel:** +48 22 826 74 34  
**E-mail:** [biuro@nawa.gov.pl](mailto:biuro@nawa.gov.pl)  
[www.nawa.gov.pl](http://www.nawa.gov.pl)

NAWA (Polish National Agency for Academic Exchange) is an institution that was established on October 1st, 2017. It is set up to coordinate state activities driving the process of internationalization of Polish academic and research institutions. The mission of NAWA is to foster the development of Poland in the area of science and higher education.

The **Stefan Banach Scholarship Programme** offers an opportunity to pursue second-cycle studies in the full-time mode in Polish in the field of engineering and technical, agricultural, applied and life sciences at public universities subordinate to the Minister of Science and Higher Education, benefiting from an exemption from university fees and a monthly Scholarship from NAWA to cover the living allowance in the statutory period of studying in Poland. The Scholarship offer is addressed to the citizens of countries identified by the Ministry of Foreign Affairs as having priority status for the Programme: Belarus, Ukraine, Armenia, Azerbaijan, Georgia, Moldova, Kazakhstan, Kyrgyzstan, Uzbekistan, Tajikistan, Turkmenistan, as well as the following Western Balkan countries: Albania, Bosnia and Herzegovina, Montenegro, Kosovo, North Macedonia and Serbia.

The **Ignacy Łukasiewicz Scholarship Programme** aims to support the socio-economic growth of developing countries (excluding European and Central Asian countries) through raising the level of knowledge and education of their citizens. Scholarship holders will be first recruited from the following countries: Angola, Colombia, Ethiopia, India, Indonesia, Kenya, Lebanon, Mexico, Myanmar, Nigeria, Palestine, Peru, The Republic of South Africa, The Philippines, Senegal, Tanzania, Uganda and Vietnam. Participation in the Programme enable to undertake tuition-free 2nd cycle studies (Master degree studies) at public universities in Poland in the following areas of study: engineering and technical sciences, agricultural sciences, sciences and natural sciences.

The **Poland My First Choice scholarship programme** offers an opportunity to pursue full-time second-cycle studies at public and private HEIs on all fields of study offered by institutions offering education at highest level – i.e. those classified to the A and A+ category, with a monthly NAWA scholarship. In the case of public HEIs, the Programme also offers an exemption from education fees. The Programme provides the participants with an opportunity to study in Polish or in another language. Final decisions regarding admissions of Applicants and financial conditions of education shall be made by HEIs.

For more information about mentioned programmes, please contact the Polish National Agency for Academic Exchange (contact data above).

## Other programmes with partner institutions

The University of Lodz also participates in study programmes with other higher institutions in Asia. They are 2+2 programmes or 1+3, etc. where the students start the studies in their home university and finish at the UL.

## Student organizations and science clubs

At the UL there are many student science clubs, also known as research societies. Not only you can meet like-minded people and make friends, but also discuss and gather information for your presentations, as well as diploma projects, or thesis, or even future research publications. Membership at one or more of them can give you extra points at admission for the PhD level. Some societies admit members from other Faculties, or even other schools.

**The whole list of student organizations and science clubs can be found at:**

[WWW.UNI.LODZ.PL/STRONA/SZCZEGOLY/KOLA-NAUKOWE](http://WWW.UNI.LODZ.PL/STRONA/SZCZEGOLY/KOLA-NAUKOWE)



# For Erasmus students only

## Polish Language Course



It is advised that Erasmus students arrive 2 weeks before the actual start of semester to take part in a free of charge, two-week Intensive Polish Language Course. You may apply for it by choosing the appropriate option in the online Registration Form. Some students can continue the 2-week course so that it lasts the whole semester. However, the places in the semester classes are limited, so the registration will take place at the beginning of each semester. For this course students may get 4 ECTS for one semester.

## Module course: “Poland – History, Culture and Society”



The University of Lodz offers you a module course designed especially for exchange students. During this course you will get acquainted with the country you had chosen for your study exchange. The module lasts for one semester and is offered in both semesters (winter and summer) and ends with an exam (a written test in English). Students may get 4 ECTS (awarded only when the exam is passed). The textbook for this course is available at the ISO for free.

## Events for Erasmus Students



Each Semester, the International Students Office and students organizations offer incoming students an interesting integration programme which enables them to get to know Poland, Polish history, the city of Łódź, local customs and traditions, as well as make new friends. The programme includes integration trips to attractive parts of Poland, excursions to interesting spots in our city and the country side, visits to museums and theaters, Christmas and Easter meetings where traditional Polish dishes are served and students can experience how these holidays are celebrated in Poland. The costs of participation in these events are partly or fully covered by the University of Lodz. We recommend the programme as our students really enjoy it!

# Erasmus Student Network (ESN) is waiting for you!



**Erasmus Student Network University of Lodz (ESN UL)** is formed by students and for students. They are here to help international students to understand the Polish reality and fully integrate with both Polish and other exchange students, as well as they invite students to unforgettable parties, going outs and other great undertakings. You are more than welcome to join ESN to help other students! Your involvement is highly appreciated!

## Some of the most popular and interesting projects of ESN UL include:

- **Mentor programme:** it is a project developed by ESN. It joins volunteers together, whose mission is to help newcomers exchange students during the first stressful days abroad. Mentor is always willing to help with issues with documentation, accommodation, while also showing you around the city. But above all your Mentor is your friend!
- **ESN Olympics:** following the “healthy mind in a healthy body” principle, the group is involved in organizing sports and recreational events (eg. football tournaments, Sports Days, Paintball, Tennis Table, Tennis Table Soccer, winter camps). They are a helpful and outgoing group of people whose mission is to bring fun to exchange students by combining passion for sport and competition in the spirit of fair play.
- **Tandem:** it is a language exchange programme, which raises awareness of cultural differences among exchange students. Apart from meeting on language lessons every week, Tandem also organizes themed evenings, whose aim is to present traditions of different countries.
- **Social Erasmus:** it is an ESN international project that aims to involve exchange students through volunteering activities to take social action, fostering change in the society. Its main activities are Erasmus Hall, which is based on the involvement of international students in painting the walls in hospitals, and Erasmus Forest where students from abroad are involved in planting of trees.

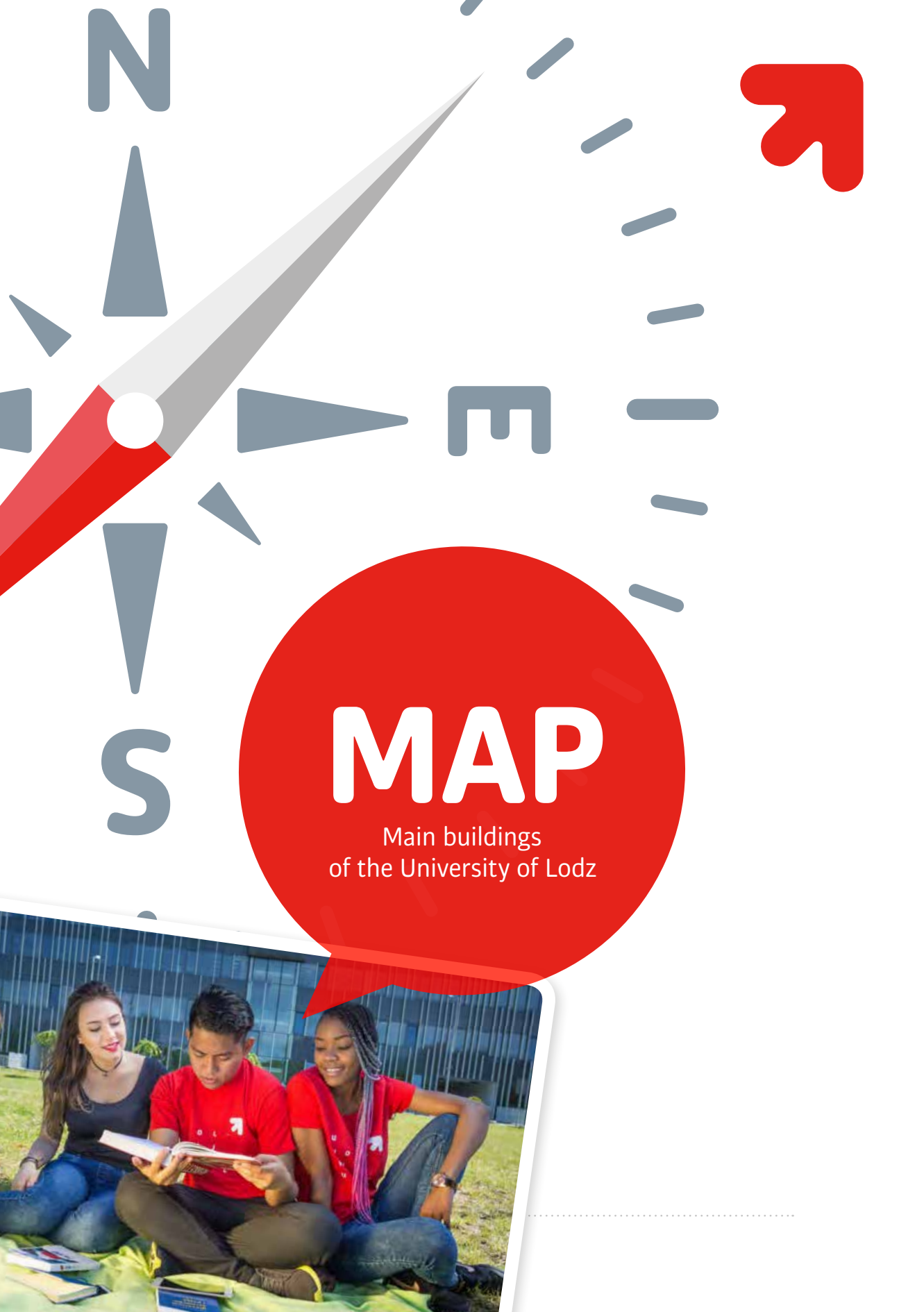


### Erasmus Student Network

University of Lodz  
[www.lodz.esn.pl](http://www.lodz.esn.pl)

E-mail: [esn@uni.lodz.pl](mailto:esn@uni.lodz.pl)  
[www.facebook.com/esnul](https://www.facebook.com/esnul)





# MAP

Main buildings  
of the University of Lodz



# Useful info

## Visa / Temporary residence permit

### Ministry of Foreign Affairs

Polish Embassies abroad:

[WWW.MSZ.GOV.PL/EN/P/MSZ\\_EN/TRAVEL\\_TO\\_POLAND/POLANDS\\_MISSIONS\\_ABROAD](http://WWW.MSZ.GOV.PL/EN/P/MSZ_EN/TRAVEL_TO_POLAND/POLANDS_MISSIONS_ABROAD)

Foreign Embassies in Poland:

[WWW.MSZ.GOV.PL/PL/MINISTERSTWO/PROTOKOL\\_DYPLMATYCZNY/MISJE\\_DYPLMATYCZNE\\_I\\_URZEDY\\_KONSULARNE\\_W\\_POLSCE](http://WWW.MSZ.GOV.PL/PL/MINISTERSTWO/PROTOKOL_DYPLMATYCZNY/MISJE_DYPLMATYCZNE_I_URZEDY_KONSULARNE_W_POLSCE)

### EU/EEA citizens

An EU citizen can enter Poland with his/her official EU identification or a valid travel document, such as a passport or any other document certifying his/her identity and country of citizenship. For stays of up to three months no official permit is necessary. For stays exceeding three months, an EU citizen will have to register their residence, which is known in Polish as *rejestracja pobytu obywatela UE*. For students, the registration of stay is issued for one year. Once issued, the registration of stay also allows the person to work in Poland. The registration of stay and the right to work also extend to the immediate family, such as a spouse and children. This document will be issued by the Department of Citizens and Migration Affairs of the Łódź Voivodeship regional government.

### NON-EU/EEA citizens

A citizen of a non-EU/EFTA country can enter Poland with a valid travel document (such as a passport) and a visa, if required. A citizen of a non-EU country has to obtain the visa from the Polish Embassy or Consulate in his/her country of residence. The short-term visa entitles a person to stay in Poland up to three months. The long-term visa is valid for

up to one year. To obtain the residence permit, please follow the explanation given below. As a student, in most cases you are also allowed to work in Poland.

## Residence permit

Residence permits will be granted to citizens of other countries who have health insurance and sufficient resources to cover their expenses without the need of any kind of government support. Documents that have to be submitted by the student to the Łódź Voivodeship Office – Unit for Foreigners – in order to obtain the residence permit are:

- copy of the travel document (such as a passport or other identification document in case of EU citizens),
- health insurance document,
- official confirmation of student status from the Polish university (with information about the planned period of study),
- official statement from student's home university declaring grant received (if awarded) or/and other proof of financial sources (funds for living), such as a bank statement,
- 4 photographs,
- 2 application forms (known as *wniosek o zezwolenie na pobyt*).
- proof of student's accommodation in Łódź

Full-time students have employment opportunities. However, it is advised that a full-time student receives a residence permit (*karta pobytu*) before starting any work. Persons whose visa ends, may apply for a residence card and submit the required documents up to the last day of the visa validity. The first residence card is issued for 15 months, and the next one may be also granted for a longer period. The visa can be issued for a maximum of 12 months.

### The Department for Citizenship and Migration Affairs of the Lodz Voivodeship Office



103 Piotrkowska Street  
90-425 Łódź

**Tel:** +48 42 664 17 04

**Hotline:** +48 42 664 17 97

**Fax:** +48 42 664 17 03

**E-mail:** [so@lodz.uw.gov.pl](mailto:so@lodz.uw.gov.pl)

<http://paszporty.lodzkie.eu>



# Health care



The students from non-EU/EEA countries should purchase health insurance in their home country, before departure. According to state health regulations, foreigners (except for EU/EEA citizens, see below) have to pay for a medical consultation. The cost is then reimbursed by the health insurance company. More information can be found on: [WWW.NFZ.GOV.PL](http://www.nfz.gov.pl)

Should the insurance company in the home country not pay benefits abroad, students must get insurance after arriving in Poland. To obtain health insurance a student can apply to a local branch of the National Health Fund (58 Kopcinskiego Street). A copy of the person's passport and confirmation of student status from the university (in Polish) will be necessary. Monthly payment is about 45 zł.

In the event medical care is required, a student from EU member country staying temporarily in Poland is entitled to free health care with a European Health Insurance Card (EHIC) issued in his/her country. It is advisable that the student has a copy of this document. The student is required to present this document along with official identification card directly to health care provider.

A non-stop emergency medical service center (Pogotowie Ratunkowe) is in 137/141 Sienkiewicza Street (in the neighborhood of Galeria Łódzka). You may use their service in emergency cases, such as injuries, when no other service is available. See also: emergency numbers ([page 71](#))

## National Health Fund



58 Kopcińskiego Street  
90-032 Łódź

**E-mail:** [dwm@nfz-lodz.pl](mailto:dwm@nfz-lodz.pl)

**Tel:** +48 42 275 40 12,  
+48 42 275 41 83

**Fax:** +48 42 275 49 12





A person preferring the private health service can look for a specialist in a local newspaper listing or a directory. One visit costs about 90 zł. Medications can be bought in a pharmacy, known in Polish as *apteka*. You can find one in the Campus, at 3 Tamka Street (at the walkway between Tamka Street and Dormitory No. 10).

The following is the list of health centres that are National Health Fund partners and where you should be able to communicate in English:

**ADAMED**

11 Paderewskiego Street, Łódź

**Niepubliczny Zakład Opieki Zdrowotnej "PROFILAKTYKA i ZDROWIE"**

2 Zgierska Street, Łódź

**BIMED**

12A Zachodnia Street, Łódź

**Centrum Medyczne Szpital Św. Rodziny**

19 Wigury Street, Łódź

**PROPH-MED**

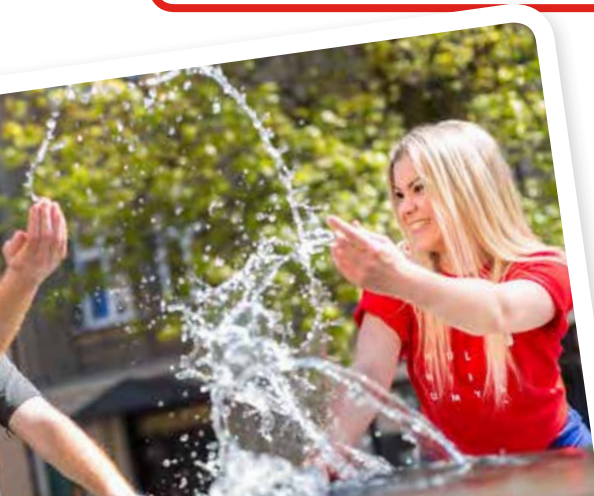
28B Ogrodowa Street, Łódź

**Medsenger**

home visits, booking online: [kontakt@medsenger.pl](mailto:kontakt@medsenger.pl) [facebook.com/medsengerpl](https://facebook.com/medsengerpl)

**Akademia Zdrowia**

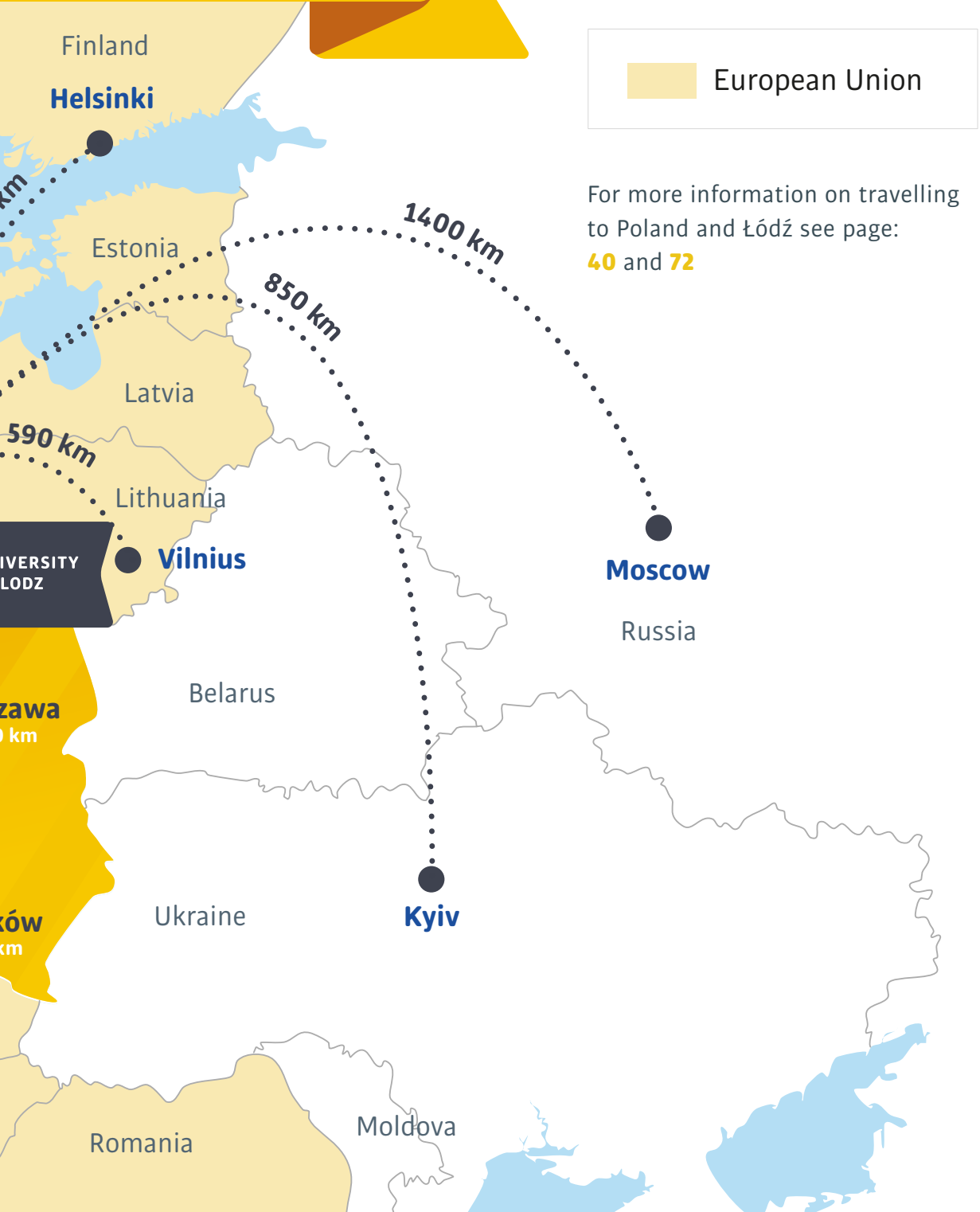
21 Kilińskiego Street, Łódź



# Distance



# to Łódź



# Transport

Located in the center of Poland,  
**Łódź** is easily accessible  
by all means of transport:



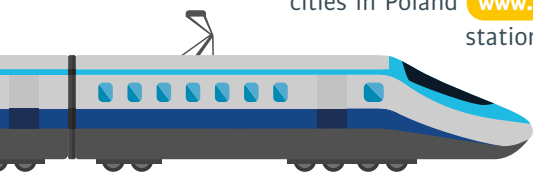
## 1 By plane

- to Łódź Władysław Reymont Airport [WWW.AIRPORT.LODZ.PL](http://WWW.AIRPORT.LODZ.PL) and then by bus, service 65A or 65B to Lodz Kaliska station and then change to tram, line 12 (get off in Pomorska Street, at the “Lumumby” (kampus UŁ), or “Konstytucyjna” stop – depending on your dormitory).
- to Warsaw Frederic Chopin Airport [WWW.LOTNISKO-CHOPINA.PL](http://WWW.LOTNISKO-CHOPINA.PL) and then: by rail link, bus (service 175) or taxi to Warszawa Centralna Train Station (and then by train to Lodz), or by bus directly from the airport to Lodz.
- to Warsaw Modlin Airport [WWW.MODLINAIRPORT.PL](http://WWW.MODLINAIRPORT.PL) and then directly to Łódź Kaliska Bus Station by “Modlinbus” [WWW.MODLINBUS.PL](http://WWW.MODLINBUS.PL), or: by rail link\* to Warsaw Downtown (and then by train or inter-city bus to Lodz).

\* wait to validate the ticket when the train starts, as it's valid for a specific number of minutes, rather than whole trip.

## 2 By train

frequent and fast connections with Warsaw (travel time: about 90 minutes), and with other cities in Poland [WWW.PKP.PL](http://WWW.PKP.PL). Łódź currently has five railway stations: the central station Łódź Fabryczna (bus no. 58 and tram no. 12 link directly to UL Campus), the Warsaw-bound Łódź Widzew situated in the East of town, Łódź Chojny in the South, Łódź



Żabieniec in the North, Łódź Kaliska, located in the Central-West part of the city (tram no. 12 goes directly to the Campus). So, when you are buying a ticket, always say the time of departure, to be sure you get the correct operator's ticket (major operators are: IC, PR, ŁKA).

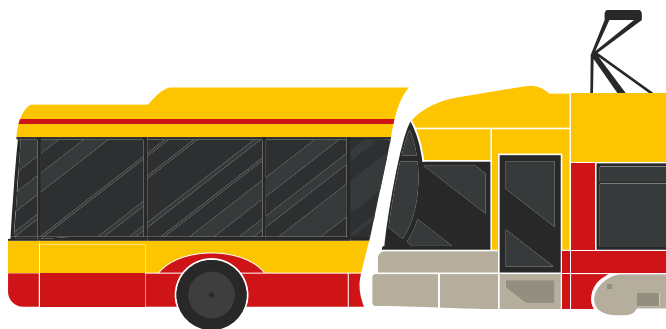
### 3 By inter-city bus

to Łódź Kaliska or Łódź Fabryczna Bus Station ([WWW.EN.E-PODROZNIK.PL](http://WWW.EN.E-PODROZNIK.PL)). From either station to the University Campus you can take tram service no. 12 (direction Stoki).

## CITY TRANSPORT

The city transport network in Łódź consists of tram and bus services, and it is operated by MPK Łódź (website: [WWW.MPK.LODZ.PL](http://WWW.MPK.LODZ.PL) – Polish and English). This is a local company, therefore you cannot use bus or tram tickets from other Polish cities. A single ticket, known in Polish as *bilet* “BEE-let”, can be bought from any newsagent's booth or ticket machine in the street or bus/ tram, and comes in three time varieties (adult/student price in PLN): 20-minute (2,80 / 1,40), 40-minute (3,60 / 1,80) and 60-minute (4,40 / 2,20). The expected length of the trip is indicated on the timetable at the stop: you may need to add 5 or 10 minutes during the rush hours. Just after entering the bus, or the tram, you validate your ticket on your own. The puncher (usually a brown or orange box at the eye level) stamps the date and time on your ticket. Within the time limit of the ticket, you can change to any bus/tram service within the whole town. But, brace yourself for ticket controllers: they dress casually (except ID tags), appear suddenly (often on a random part of the route), rarely communicate in English, and may fine you for the lack of a valid ticket. Once fined, you can pay in cash right away but note: genuine controllers will issue you a fine receipt and they are able to show you their MPK-Lodz ID.

To use student tickets you must be able to show a valid Student's ID when ticket controllers appear. Student tickets are known as *bilet ulgowy* “BEE-let ool-GAW-vy”. There are also weekend tickets (10,00 / 5,00 zł) that can be punched after Friday 6pm and are valid till Monday 3am.



The best option for those who frequently use public transport is an electronic travel card known under its trade name *Migawka* “mee-GUV-ka”, credit card-like (but not a typical top-up card), which is valid either for a specified route (cheaper) or all Łódź routes (still cheap). It can serve you for a lifetime: the value, and expiry date of seasonal tickets you prolong your *Migawka* with, can be checked online, as well as they can be read by ticket controllers. The card can be issued at the MPK Office (6 Tramwajowa Street), or by the network of MPK agents around the town (eg. at Łódź Kaliska station). To prolong the *Migawka*, you top it up with the amount of chosen ‘seasonal ticket’ at the MPK agent’s. The most popular seasonal ticket is valid for 30 days and costs 45,00 zł (student ticket price).

*Prices as of June 2019.*

### The Łódź city transport system may also differ from other cities in the following ways:

- Luggage and animals are free of charge
- All night bus services cross at one stop in the centre of the town, and wait there for 5-10 minutes, allowing passengers to change in any direction
- All doors of the bus/tram car are used both for entering and exiting
- Railway trains are not a part of city transport network
- The exception are trains marked ŁKA: they accept MPK Łódź tickets within Lodz urban area
- Be careful if a bus/tram has its service number tagged or altered into “do zajezdni”, or “ZAJ” – it will change the route and head to the depot
- If a ticket machine inside a vehicle is defunct and you cannot buy a ticket from it, the ticket controller may collect your ticket fee in cash (3,60zł / 1,80 zł with student ID)

There is a good web page that will help you to get around the city with public transport:

[HTTP://LODZ.JAKDOJADE.PL](http://lodz.jakdojade.pl)



# Money



The currency of Poland is the *złoty* (code: PLN, “ZWAU-ti”, local abbreviation: zł), divided into 100 *groszy* (“GRAU-shi”, abbreviation: gr). Poland has not adopted the Euro, so you will need zlotys for cash payments. There are a few options: you can withdraw zlotys from the ATM’s (several around the campus, a lot in the town, they feature English and certain other languages), you can exchange money in a bank (one in Lumumby Street, many in the town), or use a money exchange office called *kantor* (several in Piotrkowska and Narutowicza streets). A *kantor* is perhaps the best option: it may offer a better rate when you exchange a large sum of money. Paying with bank cards, or credit cards, is popular in the town: however, not all shops accept this, and there may be a limit such as 5 or 20 zł, below which you are to pay in cash. Pay pass is a very common way of payment in Poland. Cheques are rarely used. While paying in cash, do not be surprised when the shop assistant asks you for the exact amount, or refuses a larger note (such as 100 zł), due to lack of change.

# Post office



Post office, called *poczta* “PAUWCH-ta”, features a logo of a golden trumpet against a red background. This is the place where you can pay local bills, send letters and parcels to any country, and use EMS courier service. Sending a postcard costs 3,30 zł, a 1 kg parcel to Warsaw: 14 zł, a same-sized priority parcel to Japan: 89 zł (as of January 2019). Postcards and letters require stamps, bought from the *poczta* (and, regrettably, almost nowhere else). Registered letters and parcels need filling in a tiny form (sender and receiver’s details), and should be handed to the post office staff (while standard letters and postcards you may put in the postbox). Website: [WWW.POCZTA-POLSKA.PL](http://WWW.POCZTA-POLSKA.PL)

There is a 24/7 post office in the tall building at Łódź Kaliska station, and the post office nearest the UL Campus is in 115 Pomorska Street (weekdays 8 a.m.–8 p.m.).



# Internet and Phones

---

A network of free WiFi hotspots is available throughout the city – check locations at: [www.wifi.uml.lodz.pl/en](http://www.wifi.uml.lodz.pl/en) You can also expect hotspots at shops or restaurants. A registered UL Student may use both wireless and wired connection in the Main Library. UL Dormitories generally have some kind of internet access, and landline phones. With mobile phones, pre-paid services (of networks such as T-Mobile, Play, or Orange) are very popular, but make sure your phone has no network lock.

# Shopping

---

Local shops may be open from 6:00 a.m. to 6:00 p.m. on weekdays (it is better to check with a particular shop). You may expect shortened opening hours at weekends. Additionally, large stores close on Sundays (except the last weekend of the month). We recommend purchasing food and basic household goods in large supermarkets (eg. Tesco, Auchan, E.Leclerc, and Carrefour) which are located throughout Lodz. They are open daily from 8:00 a.m. till 10:00 p.m. (approximately) and they offer very reasonable prices. Be wary of and make enough food supply before public holidays, when all supermarkets and malls close. Gas stations (eg Orlen, BP, Lukoil, Circle K) are open non stop, and they usually allow limited shopping.

A very popular place for shopping is Bałucki Rynek, a large stall market in the northern part of Łódź where you can buy fresh fruit and vegetables at very low prices. For other, greater shopping needs, there are three major shopping malls in the city – Manufaktura, Port Łódź and Galeria Łódzka. And, in case you need to buy something in the middle of the night,



there is a large supermarket (Carrefour), several pharmacies (eg. at 55 Narutowicza Street), and a number of store-equipped filling stations in the town, which are open 24/7.

# Cost of living



What?	PLN	EUR	USD
Dormitory rent (UL)	280-440	70-100	80-120
Flat rent (one bedroom in a shared flat)	700-850	170-200	200-245
Flat rent (M2 type flat: bedroom+kitchen+bathroom)	1000-1500	230-350	260-400
Monthly health insurance	45-60	12-15	14-16
Estimated monthly cost of food	500-600	120-145	150-180
Monthly ticket for public transport (for Student ID holders)	45	10	12
Lunch in a student canteen	10-12	2,5-3	3-3,5
Monthly mobile phone top-up	5-25	2,5-5	3-6
Spring water (1,5 l)	2	0,5	0,6
Loaf of bread	2,5	0,6	0,75
1 kg of cheese	25	6	7
Beer (0,5 l, lager)	3 (shop), 9 (pub)	0,7-2,2	0,9-2,7
Painkiller (pack of pills)	5-10	1,2-2,5	1,5-3
Taxi ride from outskirts to centre (day hours)	30-40	8-10	9-12
Book (bestseller)	40	10	12

Prices and currency rates as of April 2019

# Climate



“The place is cool, but not cool enough for polar bears”, or “The statistically average Polish day is some 10°C, cloudy skies, and a lazy drizzle: it can be tomorrow”, are some views on local climate. Usually, the coldest month in Lodz is January (-2,5°C monthly average, but -15°C is not rare), and the warmest July (+18°C monthly average, but +30°C at times). An average Winter provides splendid weather for skiing in the mountains, and an average Summer is a mix of heat waves and showers. October, when all courses start, may generally require a light coat and a pocket umbrella.

# Days off

MAY

3

**1 November**

All Saints' Day

**11 November**

Independence Day

**24 December – 1 January**

Christmas Break

**6 January**

Epiphany

**Thursday to Monday**

– moveable feast, between late March and late April.

Easter Break

**1 May**

Labour Day

**3 May**

Constitution Day

**Thursday** – moveable feast, depends on Easter Sunday; May/June

Corpus Christi







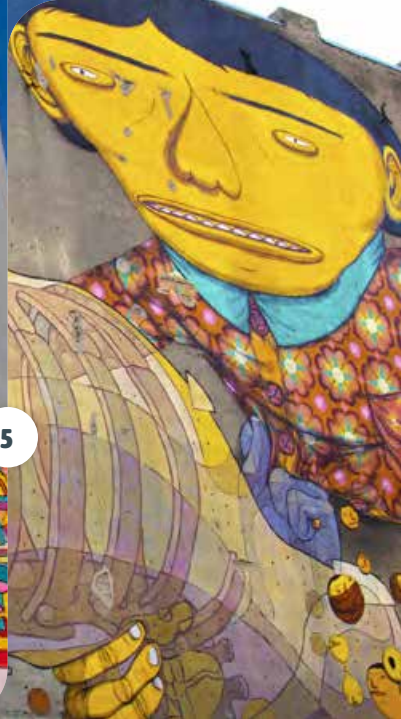
# ŁÓDŹ

## Polish capital of murals!

Łódź has earned the name of Polish capital of street art. Much of the street art you can see in Łódź are large-scale murals on house walls. They are a part of a large-scale project of the local Urban Forms foundation, undertaken to beautify the city center. The authors include eminent Polish urban painters (e.g. ETAM Crew, Raspazjan, M-City), but a range of international stars have also made their mark, including Chilean INTI, Spain's Aryz, and Brazil's Os Gêmeos. With about 50 murals, you can experience a tourist trail with a difference.

1. **Kenor** (Spain)
2. **Messy Desk** (Hong Kong)
3. **Jurek Owskiak & The Black Rats** (Poland)
4. **Aryz** (Spain)
5. **Os Gemeos** (Brazil) / **Aryz** (Spain)



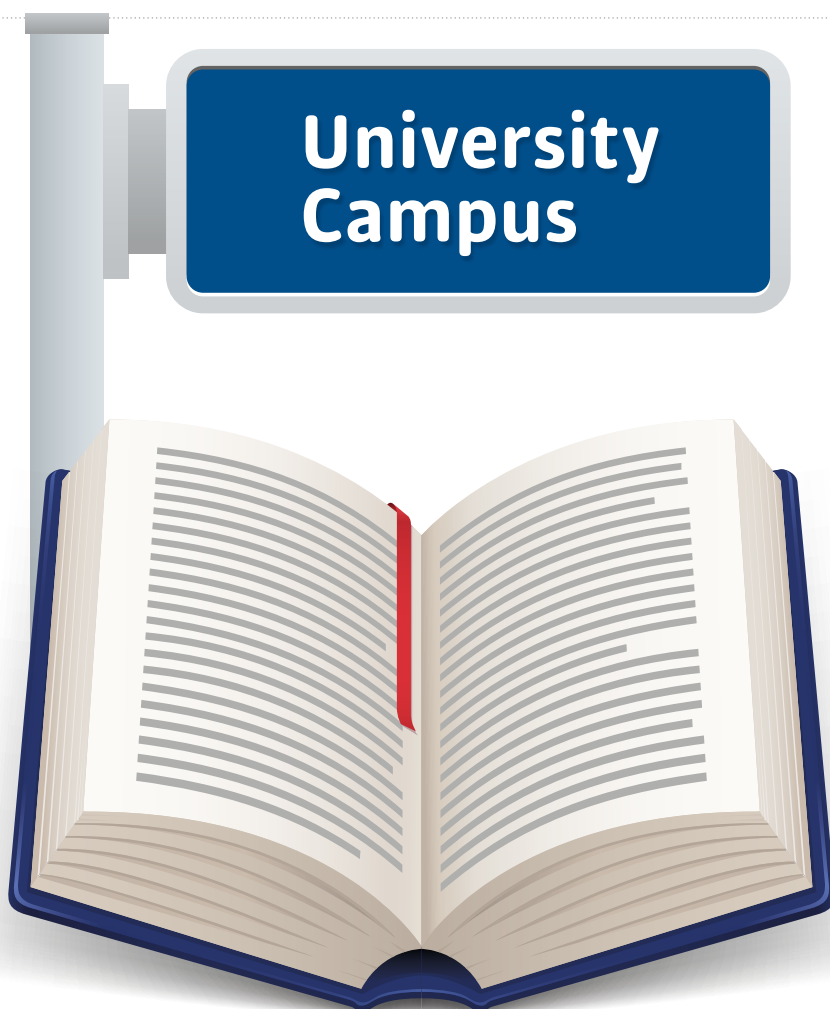


2

3

4

5



## Library (computer access)

---

**Main University Library** (Biblioteka Uniwersytecka w Łodzi – BUŁ, 32/38 Matejki Street). It is one of the largest and most modern libraries in Poland. The main parts of the Library (Open Access Area, Computer Catalogue, Lending Department) are open **Monday – Saturday, from 8 a.m. to 8 p.m.** During the exam session at the end of each semester, you may expect longer (extended) working hours in the evenings. Open Access Area – here books are located in open stacks. Students can borrow books by themselves, by taking them from shelves and checking them in with a self-service machine (for this a valid student ID is needed). [WWW.LIB.UNI.LODZ.PL](http://WWW.LIB.UNI.LODZ.PL)





# Main University Library (BUŁ)

## Subject Areas

### 1st floor

Literature, Languages (P)  
Music, Architecture, Fine Arts (M, N)  
General works (A)  
Books, Bibliography, Library Science  
(Z)

### 3rd floor

Social Sciences (H)  
Education (L)

### Ground floor

Lending department  
Return machine

### 2nd floor

Central room:  
Political Sciences (J)  
Law (K)  
Room in the wing:  
Auxiliary Sciences of History (C)  
History (D, E, F)

### 4th floor

Philosophy, Psychology,  
Religion (B)  
Geography (G)  
Mathematics  
and Natural Sciences (Q)  
Medicine (R)  
Agriculture (S)  
Technology (T)  
Military Science (U)  
Naval Science (V)



## Attention!



The books marked with a **red spine** may be used only within the Library main building.



The ones marked with a **blue spine** can be borrowed and carried outside the Library premises.

There are 4 main floors in the building. At each floor a number of desks with stationary computers are available. Students can also bring their own laptops or netbooks to the Library and ask staff for a password to Wi-Fi.

## American Corner



– provides information about the United States. It is situated in the Library building on the 2nd floor. The American Corner is operated in partnership between the University of Lodz and the U.S. Embassy in Warsaw.



### AMERICAN CORNER

[www.amcorners.pl/lodz](http://www.amcorners.pl/lodz)

**Tel:** +48 42 635 6264

**Fax:** +48 42 635 6231

**E-mail:** [lodzlibrary@gmail.com](mailto:lodzlibrary@gmail.com)

## Campus

The UL has rooms available for students, in 10 dormitories at the Lumumbowo Campus (the name comes from Lumumby Street), and a teaching assistant residence hall in another part of the city. The Lumumbowo Campus, situated reasonably close to the city centre, and most Faculty





buildings, is surrounded by green spaces with beautiful trees, which gives it charming atmosphere any time of the year. The campus also includes the Centre for Physical Education and Sports, which is a modern complex featuring a sports hall, swimming pool, gyms, and a health and beauty salon. See the virtual walk across the campus at [WWW.COS.UNI.LODZ.PL](http://WWW.COS.UNI.LODZ.PL).

The Campus includes a medical unit, a bank, and varied shops. The UL Dormitories have their reception desks open 24/7. They have cozy rooms at a really affordable rent, but will require a deposit on moving in. A short walk from the remaining dormitories, but in the very heart of the Campus, lies the UL Dormitory No. 14 (21/23 Matejki Street), a default location for full-time international students. The vicinity of 4 faculties, the UL Library, Polish school, 2 cash machines, and several places to have lunch and do shopping, makes it a perfect house, especially if you add the shiny, newly redecorated interiors, and the quiet, green neighborhood, perfect for long walks.



# Disabled

---

Free transport from the dormitory to classes is available upon request to the BONiPU [NIEPELNOSPRAWNI@UNI.LODZ.PL](mailto:NIEPELNOSPRAWNI@UNI.LODZ.PL). Dorms No. 7 and 11 are obstacle-free, while dorms No. 10 and 14 use lifts. The Main Library contains study rooms for visually and mobility impaired.



# Canteen



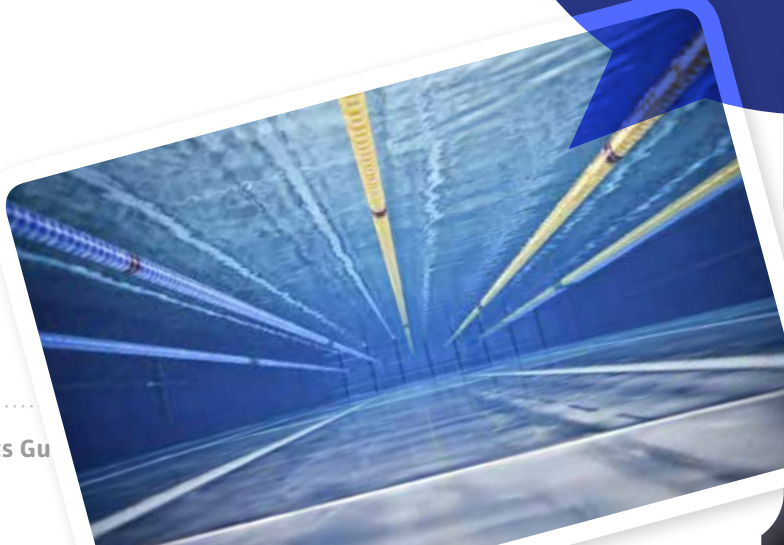
The main UL Student Canteen is at 14 Lumumby Street (upstairs). It is open during all academic year: a student hungry for lunch may enter at any time between 12 a.m. and 6 p.m., grab a tray, choose one of 3 menus, and pay directly. There are also smaller canteens in most Faculty buildings and one in the Dormitory No. 14.

# Sports



First-cycle studies include physical education in their curriculum. The UL Centre for Physical Education and Sports is at 20/26 Styraska Street (just at the end of Lumumby Street). There are varied sports classes, from yoga, through swimming, to basketball, tailored to anyone from absolute beginners to keen players. An absence from classes generally means extra classes. Students sign up for PE classes via the USOS platform [WWW.USOSWEB.UNI.LODZ.PL](http://WWW.USOSWEB.UNI.LODZ.PL) with login data from your Dean's Office. A yearly doctor's leave exempts you from crediting. If you love sports, you can practice more with an academic sports club, the AZS [WWW.AZS.UNI.LODZ.PL](http://WWW.AZS.UNI.LODZ.PL).

# SPO





**SPORTS**





**Come to Łódź**  
and have fun!



## City of 4 cultures

The city of Łódź is located in the heart of Poland, at a crossing point of many important European routes. The local architecture and history attract a great number of tourists. The rapid 19th century development of the textile industry earned the place such nicknames as 'The City of Factory Chimneys', and 'The Promised Land'. This period in the history of Łódź was especially marked by the presence of four cultures. The Polish, Jewish, German, and Russian inhabitants contributed to the rich and diverse cultural background of our city, that the University strives to sustain.



## Historical Buildings

Tenement houses and great residences are regaining their splendor, often given a new quality. You will find here some of the finest examples of Classicism and Italian Neo-Renaissance, through Neo-Baroque and Art Nouveau to Neo-Gothic and Neo-Roman styles of architecture. The revitalized structures have been transformed into lofts, commercial and entertainment complexes, and art centers. Nowadays, the complexes of the 19th century industrial age are unique in Europe. Two of such industrial complexes, erected by a famous textile manufacturer, Karol Scheibler, are situated within the Księży Młyn area. Another complex used to belong to Scheibler's chief competitor, Izrael Poznański. At present, the old Poznański complex is a shopping, leisure and culture centre called Manufaktura. Also, some old historical sites like palaces or manufacturers' houses are reconstructed and adapted for the University's needs.



## HollyŁódź / Festivals

Łódź is the cradle of Polish cinematography and is famous for its film traditions. The Polish National Film, Television and Theatre School is invariably one of the best film schools in Europe. The most known graduates are: Krzysztof Kieślowski, Roman Polański, Krzysztof Zanussi, Jerzy Skolimowski and Andrzej Wajda. And just like on Hollywood Boulevard, one can find the Walk of Fame



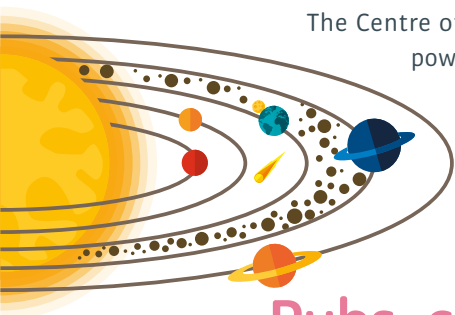
on Piotrkowska Street in Łódź. Moreover, you can learn the history of Polish cinematography in the Museum of Cinematography, the only one of its kind in Poland.

## Philharmonic and Opera

Proud of high culture, the Łódź Philharmonic, named after Arthur Rubinstein (20/22 Narutowicza Str., [HTTP://FILHARMONIA.LODZ.PL](http://filharmonia.lodz.pl)), hosts international classical and jazz musicians in a stunning interior, and will satisfy the senses of true music lovers. However, for those who enjoy opera and ballet, the prominent Grand Theatre is an absolute must (Dąbrowskiego Sq., [WWW.OPERALODZ.COM](http://www.operalodz.com)).

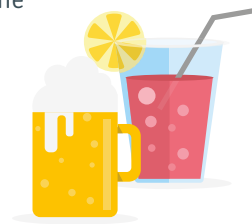
## EC1 and Planetarium

The Centre of Science of Technology is located inside Łódź's historic former power plant, where you can find scientific exhibitions, cultural events, and planetarium shows. The EC1 complex includes a library, a planetarium, a 3D cinema, art galleries, and conference rooms (1-3 Targowa Street). [HTTP://WWW.PLANETARIUMEC1.PL](http://www.planetariumec1.pl)



## Pubs, cafes and restaurants

The city's night life focuses on Piotrkowska Street in the centre of town. Here are more than 100 pubs, restaurants, clubs, discos and cafes. The most time-honored Łódź pubs are: Łódź Kaliska (with art gallery), Iron Horse (for rock fans), Biblioteka, Piwoteka (serving more than 140 brands of beer), Irish Pub, Klubopijalnia (a great karaoke bar). If you feel like dancing, why not go to the Lordis, Kokoo or Dom. In the morning, you can have breakfast at Drukarnia, Columbus Coffee Grand, or Breadnia. Also, check out some of the best veg bars (Green Way, Korzenie, Porcja). Above all, do not forget about





the OFF Piotrkowska, a former factory yard, now filled with life (138/140 Piotrkowska Str.; why not see culture spots, try varied cuisine, and buy local clothing).

## Entertainment centers

Make your afternoon spontaneous. Manufaktura offers a lot more than just shopping and eating out: from bowling, through climbing, to a fitness club. If you're not there but close to the Galeria Łódzka mall, the answer may be the nearby Silver Screen (5 Piłsudskiego Ave.) cinema complex, with pool tables, and arcade games. However, the city's premier pool and snooker club is the Frame (7/9 Narutowicza Str.).



## Theatre and cinema

Films are mostly screened with the original soundtrack (mostly English) with Polish subtitles. Popular cinemas include the Silver Screen, the Cinema City (with Imax), and the Helios Sukcesja (tickets: 15-30 zł). Theatre plays (tickets: 20-80 zł), while performed by brilliant actors, are as a rule staged in Polish – best stages in Łódź are the Grand Theatre, the New Theatre, and the Stefan Jaracz Theatre.



## Galleries and Museums



Most of them have English websites, and admission rarely exceeds 10 zł: Art Museum MS Łódź (several locations), Galeria FF (Photography), Galeria ASP (Academy of Art), Metropolitan Gallery ([www.mgslozdz.pl](http://www.mgslozdz.pl)), Wschodnia Gallery, Atlas Sztuki Gallery, Central Museum of Textiles (with open-air museum of town's life), Museum of the City of Łódź, and the Se-Ma-For Museum of Animation.

## Botanical garden

---



An enormous enclosed green space in the west of the town, definitely worth visiting: it features a Japanese garden, hills incrustated with rock gardens, adorable ponds, all-coloured flowerbeds, and many rare species of plants. Admission: 8/4 zł (adult/student), open from 1 April to 31 October each year (36/38 Krzemieniecka Str.).

## Łagiewniki Forest

---

Europe's largest urban park, containing clusters of ancient forest (200-year-old oaks), untouched streams, and flourishing wildlife. Popular destination for cyclists and joggers all year round, while barbecuers and sunbathers may congregate in Summer, especially by the lakes. Features a few holiday and conference centres, a few historical landmarks, and a few bars with open-air gardens. Easily reached by bus service 51 from the vicinity of the Grand Theatre.

## Biking in Lodz

---



The growing biking trend brings you an expanding a network of bicycle tracks. Cycle lanes can be a part of the roadway or separated from it by a strip of lawn. Cycling on pavements is generally discouraged: it may cost you a 50 zł fine, except for pavements wider than 2 m (i.e. roughly 4 square pavement tiles) but only at the side of roads where the speed limit is over 50 km/h. Still, you can use the rightmost part of the roadway. Front and rear lights are obligatory.

A public bike-sharing system for Łódź is operated by Nextbike. It includes over 150 stations across the city, and allows its users a free 20-minute ride (after that time 1-hour ride costs 1 zł). [WWW.LODZKIROWERPUBLICZNY.PL](http://WWW.LODZKIROWERPUBLICZNY.PL)



## Sports arena



Like any major town, Łódź has a lot of sporting facilities, but what deserves special attention is the multi-purpose indoor arena in the west of the town, called Atlas Arena. It has over 10,000 seats, and repeatedly hosts volleyball championship (World League, World and European Championship), basketball games, boxing, as well as cultural events, such as major concerts (e.g. Depeche Mode, Slayer, Shakira, and Justin Bieber performed there).

## AquaPark Łódź (the Fala)

Are you ready to feel unique gentle waves surrounding your body? The Fala water park invites you to its indoor and outdoor pools, water slides and a world of saunas. Just a couple of minutes from the centre, near the awesome Zdrowie Park. Admission to swimming pool (for 1 hour, student price): 18 zł from Monday to Friday, 20 zł for Weekend and Holidays. Open daily 9 a.m.-10 p.m. (4 Unii Lubelskiej Ave., [WWW.AQUAPARK.LODZ.PL](http://WWW.AQUAPARK.LODZ.PL)).





## Poland – general info

---

Poland (officially: the Republic of Poland) is a country in Central Europe, bordered by Germany to the west, Czech Republic and Slovakia to the south, Ukraine, Belarus, Lithuania to the east. Poland's north border is lined by the coast of the Baltic Sea and the border of Kaliningrad Oblast (Russia's territory). Poland has around 38,5 million inhabitants and occupies an area of 312 628 square km. The capital of Poland is Warsaw (Warszawa).

The only official language is Polish, which belongs to the Slavic group of languages. The ethnic composition of Poland is mostly uniform (98% Polish-born citizens).

Poland boasts its beautiful sandy beaches (at the Baltic Sea), large forest complexes (numerous national parks), diverse lake areas (e.g. The Masurian Lake District) and picturesque mountains (e.g. the Tatra Mountains). Climate in Poland is moderate and generally mild but characterized by frequent change of weather (temperatures like -15°C in winter and 30°C in summer, are not the norm but may last briefly).

Poland has been a member of the United Nations since 1945, NATO since 1999 and the European Union since 2004. In 2007 Poland joined the Schengen area, which is a group of countries in Europe with no internal border control (there is a single external border control instead).

### Famous Poles:

**Nicolaus Copernicus**  
(astronomer)

**Fryderyk Chopin**  
(pianist and composer)

**Maria Skłodowska-Curie**  
(physicist and chemist,  
Nobel Prize laureate)

**John Paul II**  
(the Pope: leader of the worldwide  
Catholic Church)

**Lech Wałęsa**  
(politician, Nobel Prize laureate)

**Roman Polański**  
(film director, Oscar winner)

**Andrzej Wajda**  
(film director, Oscar winner)

**Krzysztof Kieślowski**  
(film director)

### Sport

**Robert Lewandowski**  
(football player)

**Agnieszka Radwańska**  
(tennis player)

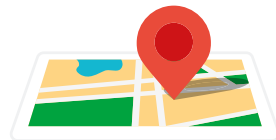
**Marcin Gortat**  
(basketball player)

**Kamil Stoch**  
(ski jumper)

**Robert Kubica**  
(racing driver)



# Interesting places/sites



**Warsaw** (Warszawa; approximate pronunciation: Vahr-SHAH-vah) – the biggest city and the capital of Poland, located on the Vistula River (Wisła). The city was completely destroyed during the WW II but rebuilt soon after it. The Old Town (reconstructed after the war) is listed on the UNESCO World Heritage Site list.

The most popular places to see in Warsaw are: Royal Castle and the Old Town, Royal Baths (Łazienki) – the largest park in Warsaw (in the city centre) with classicist buildings and a number of monuments, National Museum (one of the largest museums in Poland), Warsaw Uprising Museum (interactive), Copernicus Science Centre (interactive museum on the bank of the Vistula River), Fryderyk Chopin Museum (interactive), Wilanów Palace, the Palace of Culture and Science (built in 1955 and still being the tallest building in Poland) and the Museum of History of Polish Jews (awarded as the European Museum of the Year 2016). Warsaw is around two hours away from Łódź by car. [WWW.WARSAWTOUR.PL/EN](http://WWW.WARSAWTOUR.PL/EN)

**Cracow** (Kraków; pronunciation: KRUCK-oof) – located in the southern part of the country (on the Vistula River) was once the capital of Poland. Nowadays it is one of the most popular Polish tourist spots, partly thanks to its historic centre being on the UNESCO World Heritage Site list. The architectural symbol of the city is the Wawel Hill, where the Gothic cathedral and the monumental Royal Castle with renaissance inner courtyard are located. Cracow boasts the Europe's 2nd largest market square (dominated by the Cloth Hall – Sukiennice), and numerous 13th and 14th-Century houses, and churches with their magnificent interiors (the most famous: St. Mary's Church). Worth visiting is also the district of Kazimierz, adjacent to the old town.

Kazimierz used to be inhabited by Jewish communities until the WW II. The city of Cracow is home to the oldest Polish university (and the second oldest in this part of Europe) – the Jagiellonian University. Cracow is around three hours away from Łódź. [WWW.KRAKOW.PL/ENGLISH](http://WWW.KRAKOW.PL/ENGLISH)





**Wieliczka** (pronunciation: v'yeah-LEECH-kah) – the world's only salt mine that had been in continuous operation for seven centuries is a UNESCO World Heritage Site. It's spread over nine levels and presents a magnificent world of underground corridors, chambers and chapels. Wieliczka Salt Mine lies only around ten kilometers away from the centre of Cracow. [HTTP://KOPALNIA.PL](http://kopalnia.pl)

---

**Poznań** (pronunciation: PAWS-nun) – is a city on the Warta river in west-central Poland. It is one of the earliest Polish cities and boasts a wide array of museums, beautiful churches, nicely landscaped open spaces, lakes and impressive architecture. The city's greatest leisure area - the Malta, which faces a beautiful lake, is an amazing destination for such holiday activities as skiing, sailing, or baths in thermal springs. The city's Cathedral, the oldest in the country, dates back to 10th century, and is a place of burial of the first Polish rulers. Poznań hosts many international, cultural and sporting events. An example is the famous Malta Festival each summer, drawing actors, musicians, and dance troupes from around the world. Poznań is 2 hours away from Łódź. [WWW.POZNAN.PL](http://www.poznan.pl)

---

**Tri-city** (Trójmiasto) – a complex of three cities on the Baltic Sea adjoining each other: Gdańsk, Sopot and Gdynia (Gdańsk is the eastern- and southernmost among them). The cities are linked by local public transport and to get there from Łódź you need around 4 hours. [HTTP://GUIDE.TROJMIASTO.PL](http://guide.trojmiasto.pl)

---

**Gdańsk** (pronunciation: g'dansk) is a historical seaport and nowadays one of the largest cities in Poland. The city is over a thousand years old and is the most popular and well known of the three cities thanks to its role in World War II, and the 1980s Solidarity movement that played a major role in bringing an end to the Communist rule across Central Europe. Gdańsk's main tourist attractions are located along or near Long Street and Long Market (Ulica Długa and Długi Targ), among them is the most recognizable symbol of the city: the Neptune's Fountain, as well as the medieval port crane (the largest of its time in Europe) and St. Mary's Church (the largest brick church in the world). Gdańsk is also famous for its amber craft which can be bought from many shops and street stalls. [WWW.GDANSK.PL/EN](http://www.gdansk.pl/en)

---



**Sopot** (pronunciation: SAW-pawt) is the smallest town of the Tri-city, which lies between Gdańsk and Gdynia. It is a health resort and spa with the longest wooden pier in Europe. Sopot has beautiful sandy beaches. The city is also well known because of the International Song Festival held annually in summer. [WWW.EN.VISIT.SOPOT.PL](http://WWW.EN.VISIT.SOPOT.PL)

---

**Gdynia** (pronunciation: G'DEAN-yah) is a seaport, the youngest of the three cities. Gdynia was built between 1921-1926 in order to provide Poland with a free access to the sea, since Gdańsk at that time was declared a “free city” and put under the League of Nations. The main tourist area in the city is Skwer Kościuszki (Kościuszko square), from which the Dar Pomorza and the Dar Młodzieży museum ships can be spotted. Gdynia is the host to the Gdynia Film Festival – one of the biggest film events in Poland which promotes Polish cinema. Annually in summer, the city also hosts the Heineken Open'er Festival – which is one of the most popular contemporary music festivals in Poland. To the north-west of the Tri-city lies the Słowiński National Park which is famous for its moving sand dunes, coastal lakes, and healthy microclimate (featuring pine essential oils). [WWW.GDYNIA.PL/TURYSTYCZNA-EN](http://WWW.GDYNIA.PL/TURYSTYCZNA-EN)

---

**Toruń** (pronunciation: TAW-roon) – lies on the Vistula River and is the birthplace of Nicolaus Copernicus. The city was founded in the 14th century and since that time many of the buildings in the present Old Town have not changed and they retained their medieval look (among them, the Copernicus House). Thanks to its exquisite medieval red-brick Gothic architecture, the Medieval Town of Toruń was included in the UNESCO World Heritage List. Toruń is also widely known for its gingerbread, which is recognized as part of its heritage, tradition and legend, and undoubtedly is the city's trademark. Toruń is around 2 hours away from Łódź (to the north). [WWW.VISITTORUN.PL](http://WWW.VISITTORUN.PL)

---

**Masurian Lake District** (Mazury; pronunciation: ma-ZOO-ry) – it is a vast region full of lakes and forests that covers the north-eastern part of Poland. It is a very popular summer holiday destination for those who like to sail or practise other water sports. The most popular towns in the region are: Giżycko, Mikołajki, Mrągowo, Augustów. The Masurian Lake District is around five and a half hours away from Łódź.

**Wrocław** (pronunciation: V'RAW-tsluv) – the principal city of Lower Silesia (a region situated in the south-western corner of Poland, to the border with the Czech Republic and Germany). Wrocław is situated on several rivers which divide the city into several islands connected by over a hundred bridges. The Wrocław's Market Square with Town Hall - a fine example of Gothic - is the most popular tourist spot in the city, together with the tourist trail, where small figurines of dwarfs are placed, across different parts of the city. Worth seeing is also the oldest zoo in Poland and the pioneering example of reinforced concrete architecture – the Centennial Hall (a UNESCO World Heritage Site). The city is around 2 and a half hours away from Łódź. [WWW.WROCLAW.PL](http://WWW.WROCLAW.PL)

**Zakopane** (pronunciation: Zack-aw-PUN-eh) – is the town called „the winter capital” of Poland. Located in the very south of the country, Zakopane lies in a valley surrounded by the Tatra Mountains. Thanks to its location and easy accessibility either by car or public transport (trains, buses) Zakopane is the best gateway to the whole area of the Tatras. The town and its surroundings are one of the most popular tourist destinations in Poland the whole year round. It offers a wide range of activities both in winter and summer: skiing, snowboarding, hiking, climbing, sleigh rides. Zakopane is also proud of its unique culture which comprises of wooden architecture, traditional food, local dialect, folk music and costumes. Zakopane is around five and half hours away from Łódź, and about two and a half hours away from Kraków. [WWW.PROMOCJA.ZAKOPANE.PL](http://WWW.PROMOCJA.ZAKOPANE.PL)



# Selected festivals

## Film festivals

### New Horizons Film Festival (Nowe Horyzonty)

held annually in July in Wrocław

[www.nowehoryzonty.pl](http://www.nowehoryzonty.pl)

### Cinergia

forum of European Cinema, held annually in winter in Łódź

[www.cinergiafestival.pl](http://www.cinergiafestival.pl)

### Two Riversides Film and Art Festival (Dwa Brzegi)

held annually in summer in Kazimierz Dolny and Janowiec  
(towns on the Vistula River)

[www.dwabrzegi.pl](http://www.dwabrzegi.pl)

## Music festivals

### Open'er Festival

held annually in July in Gdynia

<http://opener.pl/en>

### Kraków Live Music Festival

held annually in August in Cracow

<http://livefestival.pl/en>

### Przystanek Woodstock

held annually in summer in Kostrzyn nad Odrą (a town in western  
Poland, at the border with Germany)

<http://en.woodstockfestival.pl>

### Orange Warsaw Festival

held annually in summer in Warsaw

<http://orangewarsawfestival.pl/>



### OFF Festival

held annually in August in Katowice (the principal city of Silesia, south of Lodz)

<http://off-festival.pl>

### The International Chopin Piano Festival

is a piano festival held annually in August in Duszniki Zdrój (south-west of Poland, at the border with the Czech Republic)

[www.festival.pl](http://www.festival.pl)

## Other festivals

### Great Orchestra of Christmas Charity (WOSP) Grand Finale

is a one-day long, money-raising event – held annually on one Sunday in January throughout the whole country

<http://en.wosp.org.pl/>

### Light Move Festival

is about the art of light, displayed in the public space – held annually in October in Łódź

[www.lightmovefestival.pl](http://www.lightmovefestival.pl)

### International Design Festival

is an event presenting design in its various modes (industrial, graphic and fashion design, arts and crafts, architecture) – held annually in October in Łódź

[www.lodzdesign.com](http://www.lodzdesign.com)



# Did you know that...

- Marek Belka, head of the National Bank of Poland, former Polish Prime Minister, graduated from the Faculty of Economics and Sociology of the UL (he also holds a PhD from the UL).
- The UL has been awarded a number of Teaching Quality Certificates issued by the University Accreditation Commission.
- The Bachelor's level programme in Accounting, as well as the Master's level programme in Accounting and Finance, both offered at the UL Faculty of Management, have been accredited by the ACCA global professional accounting body.
- The UL Faculty of Law and Administration has been ranked 2nd among Polish law schools for scores of entry test to professional internship in legal professions, as shown in the latest 2018 ranking by the Polish Ministry of Justice.
- The UL, as one of five Polish universities, participates in the "European Universities" initiative aimed at developing international research and cooperation with city authorities. Together with partners from France, Germany, Israel, Italy and the UK, our university forms a consortium, planned for several decades.
- Many honorable people involved in education, art and politics have received honorary doctorate from the University of Lodz. Among others, there is The Rt Hon. Margaret Thatcher (former Prime Minister of UK), Mr. José Manuel Barroso (former President of the European Commission), Umberto Eco (novelist, literary critic, philosopher), Prof. Jeffrey Sachs (world-wide known economist) and Mr. Joachim Gauck (former President of Germany).
- As regards the number of international incoming students, the UL is the fifth most popular higher education institution in Poland, which is shown by the 2018 Study in Poland ranking.
- The UL and Microsoft cooperate to establish an innovative IT tool that will facilitate access to UL's content with a single login ID and password via Active Directory system. Thousands of students and employees already have access to the Office 365 suite.
- Andrzej Sapkowski, the world-famous fantasy writer (author of The Witcher saga, translated into 20 languages) graduated from the UL (Faculty of Economics and Sociology).





- The UL is the third best among traditional Polish universities to train future CEOs, according to the 2018 Rzeczpospolita ranking of schools whose graduates are presidents of leading companies.
- Among UL alumni are internationally renowned scientists, such as: Aleksandra Ziolkowska-Boehm (Humanities), Zygmunt Derewenda (Physics), Ryszard Jajte (Mathematics), Jan Jedrzejewski (English Studies).
- UL graduates include top managers at such companies as: Amcor, Bridgestone, Mars Foods, Takeda, Trelleborg, PricewaterhouseCoopers, Google.

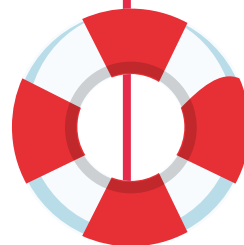
# Emergency numbers

European Emergency Number – **112**

Police – **997**

Fire brigade – **998**

Ambulance – **999**



**Police Station close to  
UL Campus:**

ul. Sienkiewicza 28/30

**Duty officer phone:**

tel. 42 665 10 91



# Useful links

---

## The University of Lodz:

- [www.uni.lodz.pl](http://www.uni.lodz.pl)
- [www.iso.uni.lodz.pl](http://www.iso.uni.lodz.pl)
- [www.facebook.com/polishuniversity](https://www.facebook.com/polishuniversity)
- [www.smart.uni.lodz.pl](http://www.smart.uni.lodz.pl)
- [www.lodz.esn.pl](http://www.lodz.esn.pl)
- [www.bir.uni.lodz.pl/palac](http://www.bir.uni.lodz.pl/palac) (Biedermann's palace virtual tour)
- [www.cos.uni.lodz.pl/wp-content/ULspacery/ULosiedle/index.html](http://www.cos.uni.lodz.pl/wp-content/ULspacery/ULosiedle/index.html) (UL Campus tour)
- [www.cos.uni.lodz.pl/wp-content/ULspacery/CWFiSUL/index.html](http://www.cos.uni.lodz.pl/wp-content/ULspacery/CWFiSUL/index.html) (UL Sports Centre tour)
- [www.eksoc.uni.lodz.pl/spacer](http://www.eksoc.uni.lodz.pl/spacer) (Faculty of Economics and Sociology virtual tour)
- [www.wpanoramie.pl/wpialodz](http://www.wpanoramie.pl/wpialodz) (Faculty of Law and Administration virtual tour)
- [www.spinattic.com/28502/16313](http://www.spinattic.com/28502/16313) (Faculty of Management virtual tour)

## A guide to Łódź:

- [uml.lodz.pl](http://uml.lodz.pl)
- [www.lodzkie.eu](http://www.lodzkie.eu) (click on "the globe" icon to switch language)
- [www.inyourpocket.com/poland/lodz](http://www.inyourpocket.com/poland/lodz)
- [www.lodz-online.eu](http://www.lodz-online.eu)

## About Poland:

- [polska.pl](http://polska.pl)
- [www.poland.travel/en](http://www.poland.travel/en)
- [go-poland.pl](http://go-poland.pl)
- [www.nauka.gov.pl/en](http://www.nauka.gov.pl/en)
- [www.foreignersinpoland.com](http://www.foreignersinpoland.com)
- [www.msz.gov.pl/en](http://www.msz.gov.pl/en)

## Travel:

- [www.flixbus.pl](http://www.flixbus.pl)
- [rozkład-pkp.pl/en](http://rozkład-pkp.pl/en)
- [airport.lodz.pl](http://airport.lodz.pl)
- [en.e-podroznik.pl](http://en.e-podroznik.pl)
- [en.modlinairport.pl](http://en.modlinairport.pl)

# Survival Polish

English	Polish	Pronunciation
Good morning/afternoon	Dzień dobry	Jenn DAWB-ry
Hello/Hi ; also: Bye	Cześć	CHESH
Goodbye	Do widzenia	Daw widz-ENya
How are you?	Jak się masz?	YUCK shem mush?
I am sorry ; also: Excuse me	Przepraszam	P'shep-RUSH-um
Thank you / Thanks	Dziękuję/Dzięki	JENK-OO-yeah / JENKy
Stop!	Stop!	STAWP
Please / Here you are	Proszę	PRAW-shai
I know	Wiem	V'yam
I understand	Rozumiem	Raw-ZOOM-yam
Do you know? / (...Sir/Ma?)	Czy wiesz? / (Czy wie Pan/ Pani?)	Chee V'YESH? Chee V'YEAH pun / punny ?
I don't know	Nie wiem	N'YEAH v'yam
I don't understand	Nie rozumiem	N'yeah raw-ZOOM-yam
Yes	Tak	TUCK
No	Nie	N'YEAH
Why?	Dlaczego?	D'lutch-EGG-aw ?
When?	Kiedy?	K'YEAH-ddy?

What?	Co?	TSAW?
What is this?	Co to jest?	TSAW taw yes?
Where?	Gdzie?	gɨ'YEAH?
Where is...?	Gdzie jest...?	G'JAY yes...?
... my dormitory?	... mój akademik?	... mooy acka-DEMM-ick?
How?	Jak?	YUCK?
I don't speak Polish	Nie mówię po polsku	N'yeh MOVE-yam paw PAWL-skoo...
Do you speak English / French?	Mówisz po angielsku / francusku?	MOVE-ish paw UNG-yell-skoo? / FRUN-tsoo-skoo?
Excuse me, Sir/Madam!	Proszę pana/pani!	PRAW-shem PUN-ah / punny...
What is your name?	Jak masz na imię?	YUCK mush nah EE-m'yeh?
My name is...	Mam na imię...	MUM nah EEM-yeh...
1, 2, 3	Jeden, dwa, trzy	YED-den, dvah, tshee
4, 5, 6	Cztery, pięć, sześć	CHTURR-y, pench, shesh
7, 8, 9	Siedem, osiem, dziewięć	SHED-demm, OSH-em, JEV-ench
0, 10, 100	Zero, dziesięć, sto	ZURR-aw, JESH-ench, STAW
* (times)	* (razy)	RUZ-zy
+ (plus)	+ (plus)	PLOOS
= (equals)	= (równa się)	ROOV-nah shaih

# Join us online!

---



[twitter.com/unilodz](https://twitter.com/unilodz)



[facebook.com/polishuniversity](https://facebook.com/polishuniversity)



[vk.com/universytet\\_lodzki](https://vk.com/universytet_lodzki)



[instagram.com/universytet\\_lodzki](https://instagram.com/universytet_lodzki)



[flickr.com/photos/promocja\\_ul/](https://flickr.com/photos/promocja_ul/)



[youtube.com/user/PromocjaUL](https://youtube.com/user/PromocjaUL)



# Our students from the photo session





### Tapiwa

Zimbabwe, degree student, Faculty of International and Political Studies



### Isadora

Brazil, degree student, Faculty of International and Political Studies



### Rajesh

Bangladesh, degree student, Faculty of Mathematics and Computer Science



### Aldy

Indonesia, Erasmus+ intern, International Relations Office



### Hui

China, degree student, Faculty of Economics and Sociology



### Gabriela

Poland, degree student, Faculty of Management



### Yuan

China, degree student, Faculty of Economics and Sociology



### Divine

Congo, degree student, Faculty of Law and Administration



### Carlos

Spain, Erasmus+ exchange student, Faculty of Philosophy and History



### Tamara

Ukraine, degree student, Faculty of Philology







# NEAR EVERYTHING, FAR FROM BORING.

**BASECAMP STUDENT. THE BEST PLACE TO LIVE YOUR STUDENT LIFE.**  
At BaseCamp we offer fully-furnished with high-end comfort.

**CREATE BASELIFE.**  
Meet new friends and make your life more enjoyable.



**ENJOY YOUR FREE TIME WITH A LOT OF AMENITIES.**  
Gym, cinema and more, and more!

**EXPERIENCE BASELIFE.**  
All spaces are designed with best quality and a cosy feel.

BaseCamp Lodz  
Rewolucji 1905 roku 45  
90-215 Lodz  
Poland

Mob. +42 288 59 99  
lodz@basecampstudent.com  
www.basecampstudent.com



# Credits

We've made it! Many hours spent on preparing this guide really paid off. It was fun, we hope you will like it!

We would like to thank every single person who contributed to the final outcome:

## Editing

IRO/ISO staff:

Liliana Lato,  
Weronika Ćmiełowska,  
Karol Kasiński,  
Justyna Izydorczyk,  
Aleksandra Kotlińska,  
Mieczysław Pakosz

## Graphic design

Sebastian Buzar

## Maps

Sebastian Buzar;  
MPK Łódź

## Photos and photo session

**Our awesome students:**

Carlos, Yuan, Isadora, Aldy, Hui,  
Divine, Tamara, Tapiwa, Rajesh,  
Gabriela

**Photographer:**

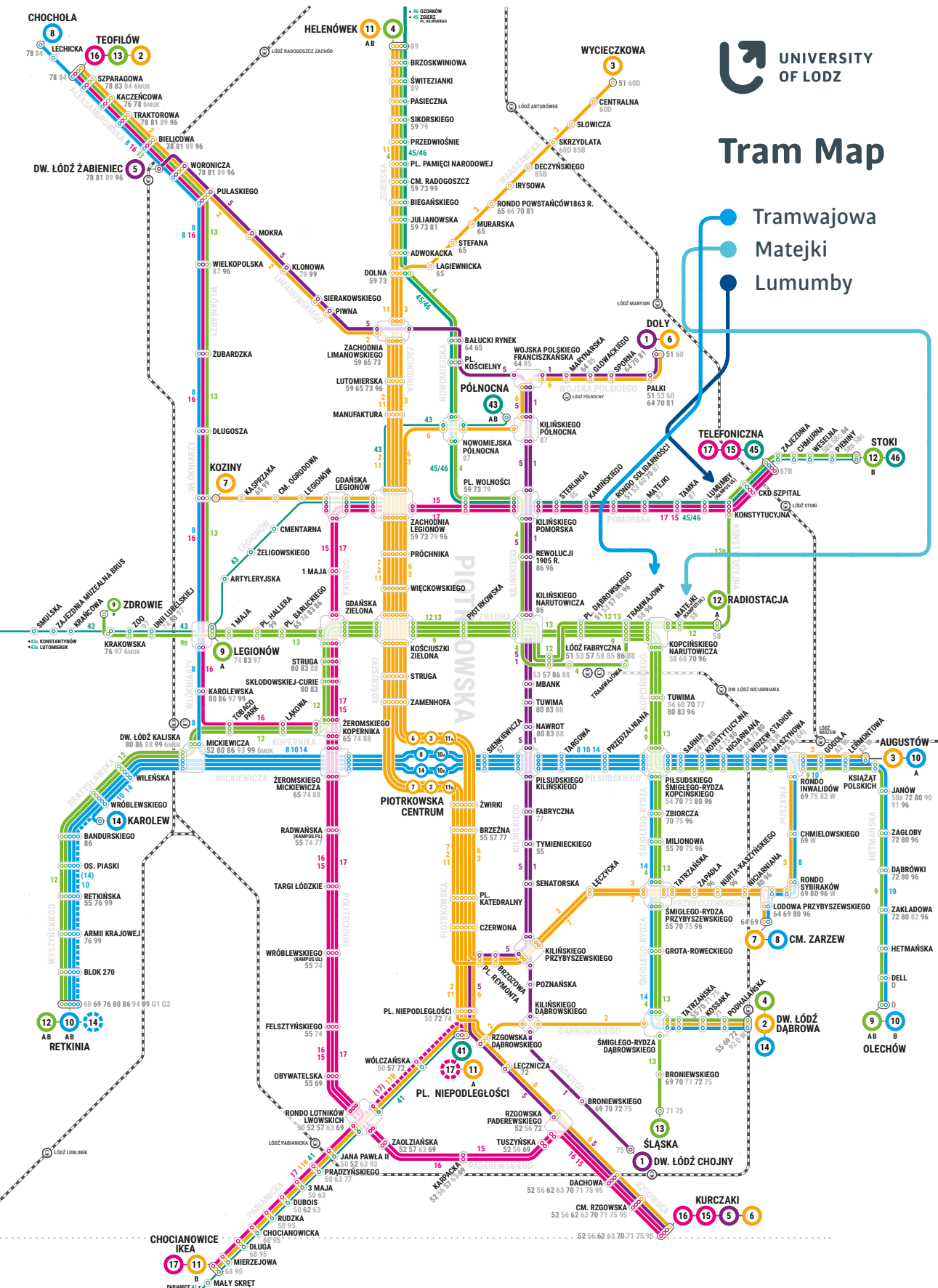
Maciej Andrzejewski;  
Urząd Miasta Łodzi





# Tram Map

- Tramwajowa
- Matejki
- Lumumby





# General index

---

Admission: Degree programs .....	(26)
Admission: Erasmus .....	(24)
Calendar .....	(22) (46)
City transport .....	(41) (81)
Climate .....	(46) (63)
Degree programs .....	(12)
Disabled .....	(53)
Dormitory .....	(28) (45) (52)
Emergency numbers .....	(71)
Erasmus+ info .....	(24) (31)
ESN UL .....	(32)
Food and drink .....	(44) (54) (58)
Health Care .....	(36)
Leisure time: Łódź .....	(58)
Library .....	(50)
Pharmacy .....	(37) (45)
Residence permit .....	(35)
Scholarships .....	(28)
Shopping .....	(43) (44)
Sports .....	(54) (61)
Student ID .....	(24) (41) (50)
Student organizations .....	(30)
Survival Polish .....	(73)
Tourist sites: Poland .....	(64)
Transport in Poland .....	(40)
Useful websites .....	(72) (75)



**UNIVERSITY DIVERSITY**  
RÓŻNORODNY UNIWERSYTET

Na Uniwersytecie Łódzkim studiuje ponad 93 narodowości. To sprawia, że każdy może znaleźć tu idealny program, który przyciągnie jego studenta. Dzięki różnorodności i otwartości Uniwersytetu Łódzkiego, możemy stworzyć wyjątkowe środowisko naukowe i społeczne. Jesteśmy otwarte na świat i gotowi do współpracy z innymi uczelniami i organizacjami. Jesteśmy otwarte na świat i gotowi do współpracy z innymi uczelniami i organizacjami.

People of over 93 nationalities study at the University of Łódź. We can hear a mix of languages in the corridors of our school. The students come from various countries and have many different ways of thinking. Together, we form a diverse community, both multicultural and multi-generational. This also means that we are ready to cooperate with other universities and organizations. We are open to the world and ready to cooperate with other universities and organizations.




**UNIVERSITY OF ŁÓDŹ**  
Poland

#WhyLodz? #UniversityDiversity #FreeYourMind  
#SmartUni #polishuniversity #StudyWithUs

[www.facebook.com/polishuniversity](https://www.facebook.com/polishuniversity)



**UNIVERSITY  
OF LODZ**  
Poland